

UBC Family Practice Residency Program Field Notes 2022 update!

Quantity of Field Notes

- One Preceptor initiated FN per week is a **minimum** for Preceptor FN
- Ample Collaborative and Resident Reflective Field Notes (Aim for 3 -5 per week)
- FN in all Skill Dimensions
- FN in all Domains of Care

Quality Field Notes

- **All** fields filled in
- Narrative is about **Resident Performance** (not the task, not the patient!!)
 - The Consider Field has one good learning goal.
 - Tags are applied with care

Field Note Expectations 2022

Targets for Field Notes

- your learning goals
- your gaps.
- Start with the basics and increase the challenge and complexity over your program

Reviewing Field Notes

- Look at your report before your Periodic review.
- Are there themes in the narrative?
- Have you addressed your learning goals?

- ✓ Across the Program we have over 2400 Preceptors who have Field Note accounts, and do write Field Notes for our Residents. This does include some Royal College Preceptors. We have space for many more preceptors.
- ✓ Field Notes take about 3 minutes to do, and can be dictated using your voice to text on your smartphone
- ✓ When done well, Field Notes are very informative for you, your competency coach and your Site Level Competency Committee. This is the way you present a picture of your competence.
- ✓ Your Site Level Competency Committee will want to see Field Notes on Professionalism and on Evidence-Based Medicine too!!

Field Notes on Professionalism

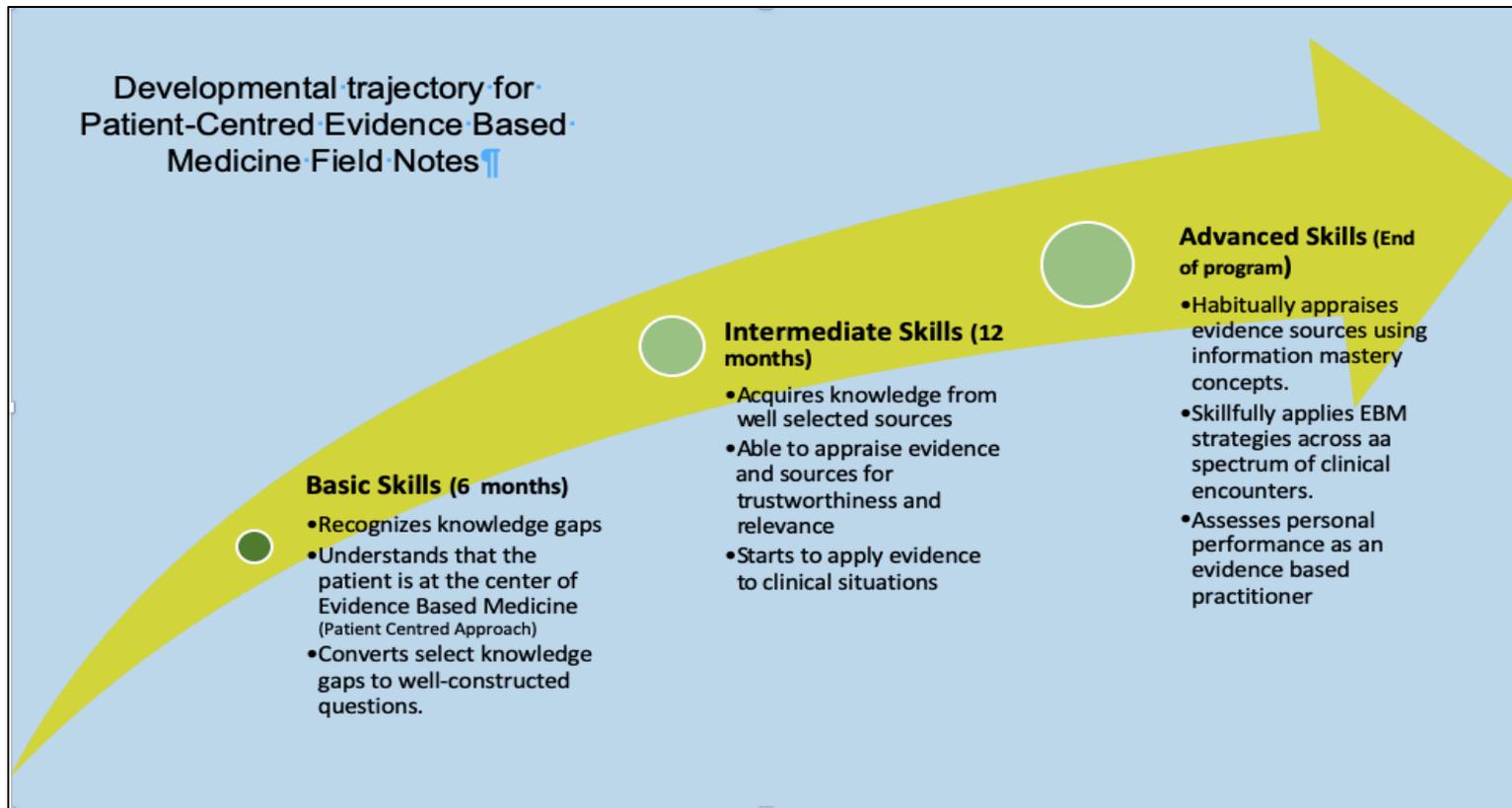
The **Assessment Objectives 12 Themes of Professionalism** cover a wide array of important skills and observable behaviours. This guide is distilled from the 12 Themes to give you ideas for Field Notes on Professionalism. Here is a link to the [Professionalism Assessment Objectives](#).

Responsible, reliable, trustworthy	<ul style="list-style-type: none">•Your consistency in showing up on time, ready to work, being available•Following up on results, tasks, requests,
Knows limits, seeks help appropriately	<ul style="list-style-type: none">•Identify your learning gaps and seek to fill them•Seek to safely expand your skills and knowledge
Open-minded, resourceful, deals with uncertainty	<ul style="list-style-type: none">•Able to manage situations where uncertainty exists•Skillfully adapts plans when a reasonable alternate view arises
Confidence without arrogance	<ul style="list-style-type: none">•Management discussions that are helpful to patients even when there is uncertainty
Caring and compassionate	<ul style="list-style-type: none">•Skillfully addressing issues and behaviours with patients•Reflect on and manage your own emotions in difficult situations
Demonstrates respect for patients	<ul style="list-style-type: none">•Works at understanding precipitants of difficult behaviours•Manages time effectively, willing to assess performance
Demonstrates respect for colleagues and team	<ul style="list-style-type: none">•Arrive on time and share the load•Hear others out, even if you disagree, listen with care
Ethical and honest	<ul style="list-style-type: none">•When an error has been made, acknowledge your contribution•Ensure your justification for any prescription
 Practices Evidence Based Medicine	<ul style="list-style-type: none">•Identify a knowledge gap in your clinical practice and develop a strategy to fill that gap•Frame a clinical question that will facilitate the search for "answers" to these gaps
Commitment to societal and community wellbeing	<ul style="list-style-type: none">•Attends to patient concerns on local issues impacting patient health•Report when it is your duty to report, and know when this duty exists.
Commitment to personal health and balance with work	<ul style="list-style-type: none">•Balance professional demands skillfully with personal needs, be flexible as needed.•Always attend to any condition that has an impact on professional activities
Mindful approach, equanimity	<ul style="list-style-type: none">•Engage in dialogue with others to learn from experiences•Practice equanimity especially when feelings run high.



Why do Field Notes for Evidence Based Medicine

- ✓ Evidence based medicine is foundational to good patient care.
- ✓ Evidence based medicine requires knowledge and skills acquired best in a step-wise approach.
- ✓ Once proficient, clinicians use these every day, similar to their good communications



Examples of Field Notes related to Evidence-Based Medicine; basic skills

ACTIVITY OBSERVED
Identified a knowledge gap
CONTINUE
Good reflective review of what you did and did not know for this case.
CONSIDER
Aim to identify 3 important knowledge gaps over your clinical day. Focus on choosing the important gaps.

Preceptor prompt...
What important piece of knowledge would you most want to manage this case?

Preceptor prompt...
Whose perspectives are important here?

ACTIVITY OBSERVED
Recognized the need for the patient centred approach in EBM practice
CONTINUE
Did well to enquire about pts feelings and ideas when discussing treatment options
CONSIDER
What might you say to have the patient feel heard?

Preceptor prompt...
I think I know what you are asking; how might you make this question better so you can easily find the answer?

ACTIVITY OBSERVED
Made a well-constructed EBM question
CONTINUE
Tried PICO format.
CONSIDER
Practice! Write one PICO question each day to get good at this.

PICO = Patient/population, Intervention, Comparison, Outcome.